



DELAWARE HEALTH AND SOCIAL SERVICES

Division of Medicaid & Medical Assistance

MENTAL HEALTH DRUG COVERAGE

The Division of Medicaid and Medical Assistance (DMMA) Preferred Drug List will entail grandfathering of mental health drugs for all Medicaid beneficiaries currently stable* on a medication regimen. Through the grandfathering process, beneficiaries will receive an ongoing authorization for their current therapy that will ensure uninterrupted access to currently stable mental health drug regimens. For the purposes of this program, the receipt of medication strictly through professional samples does not constitute a stable drug regimen. For purposes of this program, a “mental health drug” is a prescribed medication affecting the central nervous system used for the treatment of such conditions as included in the most recent diagnostic and statistical manual of mental disorders published by the American Psychiatric Association, and epilepsy.

The mental health drugs currently approved by the Food and Drug Administration (FDA) include therapeutic classes such as antipsychotics, antidepressants, anxiolytics, cholinesterase inhibitors, mood stabilizers, anticonvulsants, and CNS stimulants.

In conjunction with the above authorization, DMMA will reserve the ability to review all medication usage to avoid beneficiary harm or adverse outcome.

**New beneficiaries may need to provide documentation of previous drug regimen.*